KGV

sodexo at SCHOOL

DISCLAIMER:

Our kitchen handles common allergens like gluten, soy, milk, eggs, fish, and seafood.
While we take every precaution to minimize cross-contamination within our kitchens, it may arise due to factors beyond our control and could alter the accuracy of allergen information provided.

June 1 - 5

WEEKLY MENU

sodexo

	01/06 Monday	02/06 Tuesday	03/06 Wednesday	04/06 Thursday	05/06 Friday
SOCIAL KITCHEN | Monday: 10:30am - 1:30pm (Lunch: 11:30 - 1:30pm); Tuesday to Friday: 10:30am - 2:30pm (Lunch: 11:30am - 2:30pm)					
Meal A $41 Takeaway $38 Dine-in	Japanese Style Curry Chicken w/ Rice	Sweet & Sour Pork w/ Rice	Teriyaki Chicken Steak w/ Rice	Bacon Mac & Cheese	Tori Karaage w/ Cross Trax Fries [$47]
Meal B $41 Takeaway $38 Dine-in	Tomato & Beef Casserole Pasta	Galinha a Portuguesa (Portuguese Chicken) w/ Rice OR Pasta	Baked Fish Fillet in Tomato Concasse w/ Pasta	Braised Beef Brisket w/ Radish, Rice	Beef Stroganoff w/ Pasta OR Rice
Meal C $38 Takeaway $35 Dine-in	(Vegan) Braised White Gourd w/ Black Fungus & Tofu Puff, Rice	(V) Truffle Mushroom Sauce Pasta	(V) Dry Braised E-fu Noodle w/ Assorted Mushroom	(V) Mexican Mixed Bean Stew w/ Rice	(Vegan) Braised Eggplant & Omni-Meat w/ Rice
BOWL | Monday to Friday: Break 10:55am - 11:15am/ Monday Lunch 12:00nn - 1:15pm; Tuesday to Friday Lunch 1:15pm - 2:15pm					
Bowl $41	Yeung Chow Fried Rice	Dried Taiwanese Noodles w/ Beef Brisket	Pork Chop Laksa (Pre-order Available)	Shanghainese Soup Noodles w/ Chicken Steak (Pre-order Available)	Northeastern Zha Jiang Mian
LEO'S Café | Monday: 7:00am - 3:00pm; Tuesday to Friday: 7:00am - 4:00pm					
Salad Box $36	Smoked Salmon Caesar	Potato & Chicken Salad in Thousand Island Dressing	(V) Japanese Cold U-don in Sesame Dressing	(V) Greek Salad	Roasted Chicken Nicoise
PIAZZA PIZZA | Monday: 12:00pm - 1:15pm; Tuesday to Friday: 1:00pm - 2:15pm					
Pizza A $30	Ham & Cheese	Bacon & Cheese	Chicken & Mushroom	Pepperoni & Cheese	Meat Lover
Pizza B (Vegetarian) $30	(V) Trio Cheese	(V) Marinara	(V) Margherita	(V) Trio Cheese	(V) Marinara

GO & ENJOY
OK BUT THINK
BE CAUTIOUS

Allergens and descriptive icons are displayed on our daily menu, helping students to make informed dietary choices

ALLERGEN DAIRY · ALLERGEN EGG · VE VEGETARIAN · VG VEGAN · MILD SPICY

From cage-free eggs to low-carbon footprint produce, sustainability is incorporated throughout our menus

50 FUTURE FOOD · CAGE FREE · HK GROWN LOCALLY · MADE IN HONG KONG

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	01/06 Monday			02/06 Tuesday			03/06 Wednesday			04/06 Thursday			05/06 Friday		
Nutrition Information (per 100g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)	Energy (kcal)	Protein (g)	Fat (g)
Meal A	Japanese Style Curry Chicken w/ Rice			Sweet & Sour Pork w/ Rice			Teriyaki Chicken Steak w/ Rice			Bacon Mac & Cheese			Tori Karaage w/ Cross Trax Fries		
	165	6	8	212	12	10	156	7	4	201	7	12	269	10	15
Meal B	Tomato & Beef Casserole w/ Pasta			Galinha a Portuguesa w/ Pasta OR Rice			Baked Fish Fillet in Tomato Concasse w/ Pasta			Braised Beef Brisket w/ Radish, Rice			Beef Stroganoff w/ Pasta OR Rice		
	120	9	3	167	11	5	137	8	4	124	10	5	183	9	10
Meal C	Braised White Gourd w/ Black Fungus & Tofu Puff			Truffle Mushroom Pasta			Dry Braised E-fu Noodle w/ Assorted Mushroom			Mexican Mixed Bean Stew w/ Rice			Braised Eggplant & Omni-Meat w/ Rice		
	118	4	6	198	6	12	195	5	11	129	8	2	194	9	9
Bowl	Yeung Chow Fried Rice			Dried Taiwanese Noodle w/ Beef Brisket			Pork Chop Laksa			Shanghainese Soup Noodles w/ Chicken Steak			Northern Zha Jiang Mian		
	139	6	7	158	9	6	161	8	9	128	11	5	168	6	9
Salad Box	Smoked Salmon Caesar			Potato & Chicken Salad in Thousand Island Dressing			(V) Japanese Cold U-don in Sesame Dressing			(V) Greek Salad			Roasted Chicken Nicoise		
	171	9	12	175	10	13	165	10	5	111	3	9	106	6	3

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